

## Beetham CE Primary School – School Lunches Menu Autumn Menu 2022

### WEEK 1 w/c 7<sup>th</sup> September, 3<sup>rd</sup> October, 7<sup>th</sup> November, 5<sup>th</sup> December

DAY	Meat	Pescatarian
Monday	<i>Cottage Pie served with Vegetables</i>	<i>Vegetarian Cottage Pie served with Vegetables</i>
Tuesday	<i>Sausage in a bap, potatoes and peas</i>	<i>Vegetarian Sausage in a bap, potatoes &amp; peas</i>
Wednesday	<i>Vegetarian Pasta Bolognese, served with Salad</i>	
Thursday	<i>Roast Chicken, Yorkshire Pudding, Mash, Vegetables, served with gravy</i>	<i>Quorn, Yorkshire Pudding, Mash, Vegetables served with veggie gravy</i>
Friday	<i>Fishfingers, Chips and Spaghetti</i>	

### WEEK 2 w/c 12<sup>th</sup> September, 10<sup>th</sup> October, 14<sup>th</sup> November, 12<sup>th</sup> December

DAY	Meat	Pescatarian
Monday	<i>Chicken curry, rice and poppadoms</i>	<i>Vegetable curry, rice and poppadoms</i>
Tuesday	<i>Veggie Sausage Roll, Smiley Faces and Baked Beans</i>	
Wednesday	<i>Tuna Pasta Bake, served with Salad</i>	
Thursday	<i>Sausage, Mash and Vegetables</i>	<i>Vegetarian Sausage, Mash and Vegetables</i>
Friday	<i>Chicken Burger in a Bun, Fries &amp; Baked Beans</i>	<i>Veggie Burger in a Bun, Fries and Baked Beans</i>

### WEEK 3 w/c 19<sup>th</sup> September, 17<sup>th</sup> October, 21<sup>st</sup> November, 19<sup>th</sup> December

DAY	Meat	Pescatarian
Monday	<i>Cheese and Tomato Pizza, Salad and Potato Wedges</i>	
Tuesday	<i>Toad in the Hole and Vegetables</i>	<i>Vegetarian Toad in the Hole and Vegetables</i>
Wednesday	<i>Breaded Chicken, New Potatoes and Peas</i>	<i>Quorn fillet, New Potato and Peas</i>
Thursday	<i>Meatballs, Spaghetti and Vegetables</i>	<i>Veggie Meatballs, Spaghetti and Vegetables</i>
Friday	<i>Fish Cake, Fries and Baked Beans</i>	

### WEEK 4 w/c 26<sup>th</sup> September, 31<sup>st</sup> October, 28<sup>th</sup> November,

DAY	Meat	Pescatarian
Monday	<i>Chilli and Wholegrain rice, served with tortilla chips and vegetables</i>	<i>Quorn Chilli and Wholegrain rice, served with tortilla chips and vegetables</i>
Tuesday	<i>Macaroni Cheese, Served with Salad and Garlic Bread</i>	
Wednesday	<i>Fish Goujons, New Potatoes and Sweetcorn</i>	
Thursday	<i>Jacket Potato served with Cheese and Beans</i>	
Friday	<i>Beef Burger in a Bun, Fries and Vegetables</i>	<i>Veggie Burger in a Bun, Fries and Vegetables</i>