



Caring for Everyone, Learning Together,
Achievement for All

PSHE/RSE at Beetham CE Primary School

Intent

At Beetham we teach a Personal, Social, Health & Economic Education (PSHE)/Relationships and Sex Education curriculum that focuses on developing the knowledge, skills and attributes to keep children healthy, safe and to prepare them for life and work.

The PSHE/RSE that is taught is embedded in our school ethos and aims. This ensures that children are informed and given opportunities to develop their understanding of the diverse society that we live in today.

Pupils develop fully as:

- individuals as they focus on their own personal development; believing in themselves, building resilience, developing habits to lead a healthy life.
- members of families and social communities; understanding how to relate to others and adopt teamwork skills.
- Members of economic communities; developing their awareness of the part that they play and how to live responsibly.

It is essential that we teach PSHE/RSE to provide the link between pupils' health and wellbeing, and their academic progress. We know the value of focusing on promoting positive behaviour, mental health, wellbeing, resilience and achievement will impact their whole education.

Implementation

The PSHE/RSE education programme of study is organised into three core themes:

1. health and wellbeing
2. relationships
3. living in the wider world (covering economic wellbeing and careers)

These themes include various topics related to physical and mental health, alcohol and drug education, relationships (and sex) education (RSE), economic wellbeing and careers.

We use a spiral curriculum called SCARF: Safety, Caring, Achievement, Resilience, Friendship. SCARF provides a whole-school approach to building these essential foundations - crucial for children to achieve their best, academically and socially.

Children have a weekly lesson following a half termly theme:

- Me and My Relationships
- Valuing Difference - includes British Value focus.
- Keeping Myself Safe
- Rights and Responsibilities
- Being my best
- Growing and Changing

Impact

The impact of PSHE/RSE will be seen through our children who will be able to explain what they are personally focusing on to become better citizens in our school community and the world beyond. They will provide informed arguments to back their reasons for their choices and decisions and be able to engage in thoughtful, possibly provoking discussions on important topics.

They will know how to keep themselves safe and have an age-appropriate understanding of themselves and others.

Children will have developed self-discipline in their choices of what to eat and when to exercise based upon an understanding of the benefits this provides for their future life.

The high-quality provision of PSHE/RSE education provides a range of positive outcomes, including improved attitudes to health, being able to deal with personal difficulties and improved behaviour.

The children's learning in PSHE/RSE is assessed each term using the current assessment framework with judgements by class teachers having been informed by the contributions made by children in class discussions and work recorded in their individual books. PSHE/RSE is reported to parents via the teacher comment where relationships and wellbeing are commented upon at the end of an academic year.