



Caring for Everyone, Learning Together,
Achievement for All

PE at Beetham CE Primary School

Intent

Beetham CE Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Beetham, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

- PE at Beetham CE Primary School provides challenging and enjoyable learning through a range of sporting activities including invasion games, net & wall games, strike and field games, gymnastics, modern and traditional dance, swimming and outdoor & adventure.
- The long term plans set out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines each term. In addition, children are encouraged to participate in extra-curricular activities when available.
- Children attend competitive sporting events within the local area, organised through the local secondary school. These events help to develop teamwork and leadership skills and are very much enjoyed by the children.
- Children participate in workshops covering a variety of sports throughout the year e.g archery, outdoor and adventure, climbing. These provide the children with an opportunity to develop, improve their fitness and to try something new.
- All children have swimming lessons for 3 half terms each year, beginning in Reception. This is to ensure that by the end of their time at our school, all children can swim confidently and have learnt life saving skills.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.